EUREKA EXPRESS

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AUGUST 2013

Emirates Team New Zealand



WINNERS: Louis Vuitton Cup 2013



Café: Restaurant: Brewery: Wedding Venue: Private Functions

130 Woodside Road Matangi

WINTER HOURS

Wednesday – Sunday 10.00am till 3.30pm

Open for Dinner

3rd Thursday of the month from 5.30pm Bookings essential

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Escape the city, enjoy the personal service and stunning backdrop of Woodside Estates' rambling gardens and relaxed atmosphere. Situated just off highway 26 on Woodside Road and only 10kms from Hamilton's CBD. Its an idyllic venue for family celebrations, Birthdays, Anniversaries, Graduations, Engagements, Weddings or Baby Showers. We also cater for corporate groups, with several private function rooms available.

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During the winter months we have a full A la Carte brunch /lunch menu available Wednesday to Sunday 10.00am till 3.30pm and we are open on the 3rd Thursday of the month for Dinner from 5.30pm.

Locally owned and operated, Michelle and Emma and their team at Woodside Estate love to cater for the community.

We will be having our annual Twilight Christmas Carols in the Gardens again this year. Last year was a roaring success, with local schools and families taking part in the singing. We have boutique Stalls, food and drinks for sale, and of course Santa will make an appearance. It's a great relaxed family night and everyone is welcome.

GUEST EDITORIAL

When approached to write the guest editorial, I asked whether there were any guidelines. There are apparently only two- nothing about politics or religion. For someone who studied social sciences, who delivered a speech to the Royal Society on Marxism, whose passion is child protection and prevention of youth crime, whose Mother was a peace activist, I thought I would be safe to talk about my other great passion-gardening or flowers. What could be more apolitical or non-religious? Or would it!

To have a bit of fun I thought about and googled the phrase 'political flowers.' The first thing that sprang to mind was the 'War of the Roses, battles for the English throne between 1455 and 1485 by the rival house of Lancaster (represented by the red rose) and the house of York the white one. Not until Henry Tudor (Henry VII), a distant relative of the Lancastrian kings defeated Richard III and married Elizabeth of York were the two houses reconciled. This was symbolised in the Tudor rose with its red outer and white inner petals.

Another flower given status as a symbol of national patriotism by Rogers and Hammerstein in the musical "The Sound of Music," was the little white flower found high in the European Alps, the Edelweiss. The song Edelweiss was sung by Captain Von Trapp and his family at a concert as a defiant statement of Austrian patriotism during the Nazi Anschluss (annexation of Austria). My father, being Swiss German loved it when I sang this song to him.

Our equivalent symbol of New Zealand national pride is the silver fern (worn by the All Blacks the idols of my 10 year old son, Warner). Canada, where I was born, has the maple leaf. Scotland, (from whence my McDonald clan ancestry comes from) has the thistle. Quebec's feeling of separate identity is found in the fleur de lys, a stylised lily flower. My 23 year old daughter, Alexandra, was born in Quebec's provincial capital of Montreal.

My own War of the Roses, which I lost, occurred some years ago at a rental flat I inherited and had managed by a property manager. The foreign tenant had obviously never lived anywhere with gardens and neighbourhood cats and thought by removing the plants, including the roses, that the cats would not attend the garden beds. The property manager who had arranged for a gardener to do some tidying up, was a little shocked when I told him that my deceased Mother's prized rose, pelargoniums and every other plant, had been removed to now be replaced with weeds.

Now that I live in the country the only battles I have with my flowers are with farm animals. I have been trying to create a flower bed in the rocks and clay that lines my long drive. After several plants were lost to the neighbours' cows, the fence was kindly electrified. By winter, the pokers, which my neighbour Kathryn had given me, were making a fine display of tall orange and yellow heads. One morning they were found deheaded-the cows kept theirs. Not to worry as they had strong roots by now, unlike Kathryn's. Her own cows got hers soon after planting and I owe her some back when mine are big enough to be divided.

Last summer I tried eating flowers too. I served up a salad of edible flowers from my garden. By memory it contained chives flowers, violas, day lilies (not aslatic or arum lilies) and pelargoniums. Now I know why the goats make a bee-line for the pelargonium. Given their escape artist abilities, especially Jill, the British Alpine cross, I have removed the azalea, won't plants rhodos and should think about taking out my night and day plant which is extremely toxic.

The azalea had to go lest Jack (our angora Goat) get to it again. He had his worried Mother on the phone one night to the vet who had to examine his medicals texts for lethal doses while I picked and weighed the leaves. Goats do not suffer in silence, so due to Jack's still happy demeanour some hours later, I knew he was fine.

Now back to the subject of political flowers and add in toxic and psychedelic. Back in the 80s my girlfriend and I travelled extensively. We have been to Turkey and were travelling by train from Greece into Yugoslavia. When the border authorities saw the Turkish stamps in our passports, they signalled for the drug dogs. Apparently the opium poppy is grown in Turkey but we never saw any and the dogs found nothing.

I don't know if the potato flower is toxic, but the leaves certainly are and back in the 1700s it was a politically hot potato. The Spanish explorers had brought back potatoes in the 1500s but Europeans wouldn't eat them

and the French held out the longest. In the 1770s there was a terrible famine in France and Parmentler an agriculturalist was determined to save his countrymen. This required trickery. At a royal banquet he served potato dishes to Louis XVI and Marie Antionette. The king wore a potato flower in his lapel and the queen wore a garland in her hair. The nobility, who were slaves to fashion, became instant followers of the potato.

Back to the pokers and their winter display and demise. It brings back gardening memories when I lived in Quebec. There I competed with deer, which would appear from the forest to feast on the juicy asparagus patch and we never got to eat a single tomato, picked by racoons as soon as they were ripe. There was no such thing as a winter floral display which I can achieve with my pokers and camellias in the Waikato. The ground would be blanketed in white from the end of September and we could still be skiing in early May. I miss the peonies which require very cold winter temperatures, but the subtropicals and the lush growth we can achieve in New Zealand, well and truly makes up for it.

I haven't managed to weave my husband, Greg, into my floral tales, so I asked him to google 'electrical flowers.' I think he thought I was nuts and that there wouldn't be anything so strange. Anyway, Greg is an electrician and the electrical flowers story will wait for another day. If you would like a tour of my garden, we live at 41A Appleton Lane.

Kind Regards Susan Rudolf-Henderson

RAINFALL



Rainfall recorded on 14 days. 2013 is the lowest recorded rainfall in the period 1994-2013. Previous lowest was 64mm in 2010. The wettest July in the same time period was recorded in 1998 with 265mm.

COMMUNITY NOTICE

Tauwhare School Calf Club is on Friday 18th October 2013, if you are able to help out on the day as a lamb steward we would be very grateful (no experience necessary)

For more information please contact Rachael Gordon on regardon asilnashot co.nz or 8241 108. Thank you

EUREKA EXPRESS

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MARKET PLACE

Home PC Support

Hi Guys - This is Matt from Matangi's Home PC Support. Just thought I would let you know that I am in the area and cheaper than the competition (\$40 per hour). It's a door-to-door service. I can be reached through my website www.homepcsupport.co.nz or via my phone 021 134 8576.

Thanks - Matt Bentley

LOST

Have you perhaps seen my cat around your place? She went missing from our home on Waverley Road. She was wearing a silver collar with bells when last seen. Please if you see her or have seen her, give me a call or a text. Thanks. Karin Vink 021 059 8551



Do you have clothes in your wardrobe...

- ...that no longer fit?
- ...you never wear?
- ...out of fashion for you?
- ... Shrunk in the dryer ...?
- ...can become some else's favourite?

Spring is just around the corner so clear them out

Bring your goods to sell in the Tauwhare Church Hall, all your goods need to be on a coat hanger, and priced with your unique price ticket.

All proceeds from your goods sold are yours to keep; you could say it is like having a combined garage sale, of just clothing. Any of your goods that are unsold need to be taken home on the night.

To book your clothes in or any other information please call Helen Singers 07-829 6122.

th September, 7.30pm

Please feel free to just come shopping remember to bring cash only.

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ALSO BRING: Menswear Boys/Girls Wear Shoes / Handbags **JEWELLERY** Hats / Scarves



Tauwhare School

NOT reason as \$25° New Feebard a subsequence of colors



Roll: 168

KIWIANA TILES

Our Kiwiana mural is almost complete. The tiles are up on the end of Room 5 and look fantastic. We are just giving them time to dry before grouting them with black grout. Debbie Wrigg (Room 3 teacher) painted the title for us and modelled the font & colours on the marmite jar.



CROSS COUNTRY

Our school cross country will be held next Friday 30s August. Thank you so much to the Wilson family for allowing us to run over their farm. The children love the course; it is so much more interesting to run over paddocks, skipping over cow pats and through gates, than simply to run round and round the back field.

The children have been training hard for their cross country races.

Tauwhare School are organising the City & Country Cluster Cross Country this year. We thank the Woodcock family for allowing us to use their beautiful farmland to run on. The city children are in for a treat!

DOGS ON SCHOOL GROUNDS

Due to health and safety reasons dogs are not allowed on school grounds at any time.



WORLD BADMINTON CHAMPS COMPETITION

Congratulations to Amanda Brown (Paula's daughter and ex Tauwhare student) who played in the World Championships in Badminton held in China



recently. Amanda and her partner are currently the highest ranked pair in New Zealand.

PROFESSIONAL DEVELOPMENT

All teachers have been working with Charlotte Wilkinson on Mathematics throughout the year. Teachers



have been observing Charlotte and observing each other. It has been a thoroughly enjoyable and challenging process.

SCHOOL PRODUCTION

The whole school has begun work on the production for the end of the year. This year we are performing SHRIEK. Characters such as Shrek, Beauty & the Beast and a host of fairy Tale and Nursery Rhyme characters appear in this unique pantomime written especially for us.

Auditons took five days to get through III We have such talented children ©

Have a great month

Fiona Bradley Principal



Greetings from Newstead Model Country School

Welcome to Term Three!

The children have shared news of the exciting and interesting things they have done during the mid-year holiday break.

New students have enrolled with us, at the end of week one the roll is 133.

The term calendar is full and varied. There is the cross country season, Hui's during which learning is celebrated and the term ends with the Swim Safe Programme at Waterworld, Te Rapa. Several new activities are planned.

 We are expanding the After School Music Programme to include singing tuition, guitar/ukulele and key board lessons.

* Mid-term, Milk for School is being introduced.

PTA Ball:

A wonderful evening of dance and merriment! Many Op Shop fashions were on show. Congratulations to the PTA Ball Committee for organising a most successful function.

It was also great catching up with past families and friends.

Thank you for not only attending but many of you generously contributed to the bidding for various auction items.

The children of the school now and in the future will benefit from the funds that were raised on Saturday evening.

School Banking:

The team at SBS Bank are excited to bring school banking to Newstead Model Country School. We are adopting an interactive and educational approach as opposed to just popping an envelope into a box at the school office.

We will invite students to apply for four School Banking Teller positions. Interested students will need to complete a CV, along with a covering letter and will then be interviewed by SBS Bank Hamilton Branch Manager, Helen Jarman.

Every Friday morning between 8am and 8.45am two of the School Banking Tellers will be accepting deposits on behalf of SBS Bank from student customers.

The four Tellers will alternate the job, two one week and the other two the following week. Every week an SBS Bank team member will be there to supervise and help out.

Watch this space for more information on school banking with SBS Bank

Country Schools Daffodil Challenge

This will be held at Newstead School on Friday, September 20 in the Eureka Room. The flowers can be displayed from 1pm. Judging will commence at 1.30pm. The show will be open to parents and caregivers from 2pm.

I hope to have a Daffodil expert talk to the children and interested parents on how to choose the best blooms for display. (Date to be notified).

Composting Worm Bin

The children have been learning about ZERO WASTE. We would like to have a worm bin to dispose of food and paper waste, collect "worm juice", and use it for our gardens. We may also be able to sell some of it. We would greatly appreciate the skills of someone that could construct this; mainly a base to hold an old bath and a lid. Any donations of timber greatly appreciated as well.

Please see Lyn in Room 6 (Tui Class), if you can help.

WWW NEWSTEAD.SCHOOL.NZ

View our school website for all school related and class information, notices, sports events and draws, etc.

Council Candidate Says New Energy Is Needed

It's a time for energy and enthusiasm, not complacency in our communities, says Waikato District Council candidate, Chris Gardines.

Chris is a new candidate, standing for the council for the first time in the Eureka ward. He says the time is right for some new people on the council.

"With all the things happening in the Waikato and around the district at the moment, there's a lot of opportunity but also things we need to manage well. The growth in Auckland will put pressure on our district, but it will also bring some great opportunities for us. The same goes for the new Waikato Expressway. Eighty percent of that is being built in our district," he says.



"My wife and I made a positive choice to leave Auckland and come back to the Waikato over a year ago. I'd grown up in Hamilton, went to school and university here and spent a lot of my adult life working in industries in the Waikato. The timing seemed right to come back — and we're loving it. I have now reached a stage where I have time and energy to give back and I want to get involved and make a difference in our district."

Chris says although he's never been a councillor before, he spent 10 years working in Auckland local government. "I know how things work at councils and how to get things done. Most of my work was in the infrastructure area managing projects for councils," he says.

But he says it is communities that he's keen to focus on if he is elected to represent the Eureka ward on the district council. "You've got all these great little villages. People want communities – but they lead busy lives – and it's working out how we enhance Tauwhare, Eureka, Matangi to be centres that really do bring people together. I want to bring the 'local' back into local government, by listening to what communities say they want."

He says he thinks people still want councils to do the basics well - roads, rubbish and key infrastructure. "But they also want something more and I am keen to listen and learn what aspirations and concerns local residents have that I can help with if I am elected," he says.

Chris says his past community work includes being a trustee of Parentline; founding member and past president of the Hamilton Mountain Bike Club and a trustee of a Hamilton day care centre.

"It is important for people to take the time to vote in council elections. Councils affect your daily life more than central government in many ways – and yet the voter turnout is always so much lower. I'd really encourage people to vote, and if they give me their vote, I'll be in there to make a difference."

Contact Chris on ci.gardiner1@gmail.com or telephone 0224104347



RE ELECT ROB McGUIRE FOR EUREKA WARD WAIKATO DISTRICT COUNCIL

Dear Residents of Eureka

It's voting time again, and I'm writing to ask for **your support** to be re-elected to the Waikato District Council as Eureka Ward Councillor.

My extended family have lived in the Walkato for over 100 years and we dairy farm in Puketaha in the Eureka Ward.

Since I have been representing Eureka Ward I have successfully advocated for initiatives that include - prioritising road safety improvements, seal extension for Eureka Ward roads (99% sealed), water reticulation for southern wards, establishing successful Community Committees to give rural residents a voice, the review of District Plans in 2013, introducing refuse collection and recycling, free library access for District residents in Hamilton City, Cambridge and Morrinsville, purchasing land for community use, establishing the Vaile Road Walkway, budgeting for improved community facilities, wastewater reticulation for Tauwhare Marae.

Present roles on Council include Chairing the Central Waikato Liaison Sub Committee – catchment, waterways etc (a Waikato Regional Council sub committee); member of the District Council's Rural Discretionary Fund Committee; Policy, Strategy and Finance, Water and Facilities and Roading Committees.

I am standing for re-election because I have the support of my family, the time, energy, depth of knowledge and experience needed for the role and enjoy the challenges the role brings whilst meeting the aspirations and needs of the evolving nature of my community.

Rob McGuire - EUREKA WARD COUNCILLOR Telephone Road, RD1, Hamilton

PS: If you have any issues you wish to discuss, please call me on 07 824 3696 or mobile 0274 970 966 or email robmcguire@xtra.co.nz

TAUWHARE INDOOR BOWLING CLUB

Welcome to readers of our July / August news.

Once again our Junior players have had success. Amber and Bronwyn McNally won the Tauranga Secondary Schools Tournament Pairs. Amber won the Junior Singles at the Tauranga Indoor Bowling Association Tournament – well done girls.

Amber, Bronwyn and Clare Mcnally and Melita Bargh played in Waikato's Membery-Pearce Shield team (Top 8 Juniors). Teams from North Taranaki, Tauranga, Bay of Plenty and Waikato took part. The Waikato Team were runners up, with Tauranga taking the Shield home.

Eastern Champion of Champion Pairs Runners up were B Meads and K McNally.

Eastern's Jack and Jill Tournament Runners Up were M and J Bargh.

Good news on the Greenfield Shield. The Matangl/Tauwhare team won the challenge match from St Andrews. Great that Matangl/Tauwhare will have their name on the shield for 2013!

One more month of bowls until the end of the season. The 60th AGM and prize giving will be on 3nd October. Now is time to give some thought to any matters you may wish to raise, be they compliments, suggestions or complaints!

Results:

18 July 2013 - Club Night (3 Bowl Triples)

Winners Jim Bargh, L Verner, C Olsen
 Runners Up I Spencer, D Pizzini, K McNally

25th July 2013 - Open Triples Tournament

Winners J Jackson, K Webster, G McColl (Puketaha)

Runners Up G Membery, A & A Jones (Matangi)

Best Performing Tauwhare Team - R Coxon, Amber McNally, C Bargh

1st August 2013 - Club Night (Drawn pairs)

Winner K Williams
 Runners Up Jim and H Bargh

8th August 2013 - Couples Night

Winners Andrew and Karen McNally

- Club Night

Winners
 Runners Up
 B Meads, Am. McNally
 L Verner, H Bargh

15th August 2013 - Club Night (Novelty)

Winners Jim Bargh, C McNally, Am. McNally

. Runners Up R Arnold, G Mayall

Upcoming Events

5th September 2013 Club Night 12th September 2013 Club Night (Final Points night)

19th September 2013 President & Vice President night 26th September 2013 Patron's night

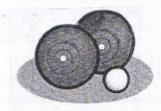
3rd October 2013 AGM & Prize Giving

10th October 2013 Christmas Tournament (Rinks) Plate please

Out and About

** August 2013 Taupiri Open Tournament Winners J Hooper, R Coxon, R & H Bargh

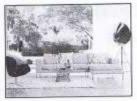
Until next month - good bowling everyone. Robin Bargh Phone 824 1819



On the home front.....

gearing up to spring clean season.

It's August and the weather has been great for many, sounds
like happy farmers (with the weather that is) and for some we
have even been able to get the motorbikes out of the shed. It's a perfect time for



Still running with our theme of colour though the last few months I think for some of us its helpful to know the machines (lol) of colour. For some its way how where and what and a colour wheel can help with this. It will define warm and cool colours, how colours relate to combine colour schemes, also how the colour is made from the primary colours the varying tints of blacks and whites to change the depth look and therefore the feel of colour.

Following are a few popular colour schemes you may know;

Complementary: Uses two colours opposite each other on the colour wheel. An example is Green and red usually green dominates and red being the contrast colour, often seen in traditional homes. Blue and Orange is another example of this.

Double Complementary: This scheme is made of two hues that sit next to each other and their exact opposites on the other side of the colour wheel, for colours in total.

Tetrad: A Tetrad scheme uses four colours/hues of equal distance on the colour wheel, so it is not as common as the other schemes. It becomes more difficult to coordinate three or more colours so it is not often you will find this scheme. Tetrad schemes can feel busy bright and stimulating. Can be found in Indian themes or Moroccan can be load bold yet beautiful at the same time.

Achromatic: No colours from white though to black and all the varying greys inbetween. Very clean minimal and highly sophisticated looks comes often from this scheme.

Using a colour wheel helps create harmonious schemes according to theory. This is just a brief on what's possible so pick up a colour wheel at the local colour shop and have a go!

Leanne Hilder

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WE ARE WHAT WE EAT

VITAMINS AND MINERALS

For the human body to function efficiently it needs a regular supply of high quality nutrients in the right combination and concentration. The interaction of these nutrients is the basis of good health and wellbeing. The best way of obtaining these nutrients is through eating FRESH FRUIT AND VEGETABLES. We are living things and we need a larger proportion of our food intake to also be living. FRUIT AND VEGETABLES, especially in their raw state, contain living enzymes that are essential in the breaking down and absorption of nutrients.

FRUIT AND VEGETABLES may also provide the key components of disease beating agents. We know that the cruciferous vegetables and onion families can stimulate the production of certain types of cancer fighting enzymes. The high fluid content of fruit and vegetables assists in the flushing of wastes and toxins, while also providing valuable nutrients.

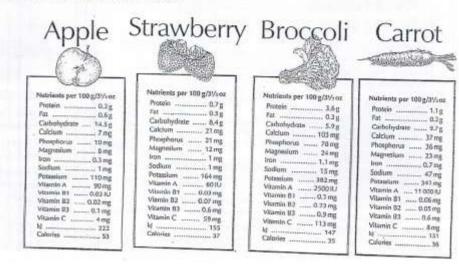
VITAMINS IN FRUIT AND VEGETABLES

Vitamins are chemical compounds needed in regular small amounts for the body to function. They regulate the chemical reactions by which the body converts food into energy and living tissue. Without vitamins we become susceptible to disease. Vitamins are extracted from basic natural sources found in our foods.

YOUR BODY NEEDS VITAMINS AND MINERALS

Vitamins alone are not enough. As important as vitamins are, they can do nothing for you without minerals. (minerals are the Cinderella of the nutrition world). Because vitamins cannot function, cannot be assimulated, without the aid of minerals. Though the body can synthesize some vitamins, it cannot manufacture a single mineral.

Examples of Nutritional value in our foods:



CHERYL MCFARLANE

LADIES A PLATE

Easy Cheescake - This is a family favourite

Melt 3-4 ozs butter

Crush 1 packet malt biscuits

Combine the butter with biscuits and press into a round cake tin. Cook at 180°C for 10 minutes, cool and

Make the following mixtures in separate bowls:

1 cup hot water

Dissolve 1 lemon jelly (You can use other flavours) Cool

1/2 pint cream

1 teaspoon vanilla essence

Beat together

125g cream cheese

1/2 cup sugar

2 teaspoon vanilla essence

Beat together

When jelly mixture is cool add the two bowls and carefully fold together. Pour into the cool biscuit mixture. Set in fridge

Can top with fruit of your choice

Pineapple Carrot Cake

2 cups self raising flour

1/2 cup walnut

1/2 teaspoon baking soda 1 teaspoon salt

1 cup sugar

2 teaspoons cinnamon

3/4 cup coconut

2 cups carrot

3 eggs

1 cup oil

1 teaspoon vanilla

225g crushed pineapple

Preheat the oven 180°C

Sift the flour and add baking soda, sugar, coconut, walnuts, salt, cinnamon, and grated carrot. Toss with a fork to mix well.

In another bowl using a fork beat the eggs, oil and vanilla and pineapple. Stir this mixture into the dry ingredients, mixing until just combined.

Pour the mixture into a 23cm square tin greased very well. (or lined with baking paper)

Bake at 160c (yes turn the oven down) for 45-50 minutes or until the center springs back when pressed.

Yummy served with either yoghurt, whipped cream or cream cheese icing.





IN YOUR GARDEN

Spring hasn't quite sprung, but it's pretty close, and what joy to see the Daffodils, Magnolias and Erlicheer making a show. My Awanui cherry trees are nearly ready to burst open, when in flower they look like magic, keep an eye on our driveway as a great shame, the flowers only last about a week.

There's no rest for the keen gardener, so as they say "let's get to it".

Did you know that all Daffodils should be picked so that the bulbs grow larger and produce more blooms next year. Be wary of the white sap that oozes from the daffodil stem as this sticky substance can cause a rash. If animals eat daffodil sap it will induce vomiting and if large quantities are ingested it could be deadly. If you wish to include daffodils in a mixed bouquet, condition them first as their sap is toxic to other flowers. Place the daffodils in a jar containing 3cm of water and add 1/2 tsp sugar, when daffodils have slurped up all the liquid, you can then put them in a fresh vase of water with other mixed flowers.

Top 10 Tasks:



- Warm sun will encourage Hostas, Delphiniums and Lilly bulbs to sprout, add snail bait or they will disappear again.
- Prepare beds for planting vegetables. Use a hoe to cut away any weeds off below soil level without bringing more seeds to the surface. Once weeds stop popping up plant seedlings or sow seeds.
- 3. Plant another batch of shallots and garlic now, you can never have too many, spring onions too.
- 4. Warm up your soil with a thick layer of mulch. Mulching protects and insulates your soil to ensure plant roots stay warm in winter and cool in summer. Organic mulches such as straw and sawdust also condition the soil as they slowly decompose. They also provide an ideal environment for earthworms and other beneficial organisms.
- Plant early potatoes once soil starts to warm, Jersey Bennes, Agria and Ilam Hardy are early starters, matures quickly and are good producers.
- Roses are ready for their big end-of-winter feed. After pruning, fork generous quantities of well rotted compost and animal manure. A good handful of blood and bone for each rose bush and don't waste those banana skins, they nourish your roses with callcum, magnesium, sulphur, phospates, sodium and silica.
- Plant Parsley to enhance the fragrance of roses. Parsley is also said to protect against black spot.
- Plant garlic chives around roses as a natual systemic insecticide. The excretions from their roots are taken up. The scented flowers of chives also repel bugs like aphids.
- Sow salad greens in seed trays ready for transplanting outdoors when the weather is a little warmer. Don't
 - sow carrots and other long root crops in trays though as they become distorted with transplanting. Sow these direct when the weather and soil warms up a little more.
- 10. Pay attention. Frosts can still pay surprise visits. Be prepared to cover up tender plants and seedlings

cool nights.

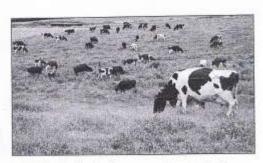
Happy gardening, Jennifer



CO Comment

Phil Irvine, Senior Consulting Officer, DairyNZ

Writing this comment, 2 week before you get to read it, always comes with an element of risk. If I comment on the continued marvellous grass growing weather, and the lack of mud, will it still be that way now as you read it?



One farmer said to me at a discussion group on August 21st that he had only worn a rain coat for 3 days during calving. That's about 5 weeks to that point! Amazing. Not only does it make for a really 'cruzy' calving but the lack of mud and pugging means that pastures go into spring proper in great condition and should grow better for it.

The biggest talking point at groups in late August was how to deal with a surplus when it's too early to make decent silage. The worry being that it just takes too many days for the cut pasture to wilt sufficiently to make silage. The obvious option none-the-less is to take paddocks out of the rotation and leave the decision on what to do with them for another 2 – 3 weeks.

If, as many people are expecting, a period of wet cold weather does eventuate one can go back into those paddocks by break feeding them as part of the days diet. Don't make it the full diet as quality may have dropped off. The alternative being to have some other form of stock clean up after the milkers. However the options are limited here as the dry mob is insignificant by now and most are limited with any other stock on farm.

The management decisions right now revolve around 3 key drivers of our dairy production system.

1) getting the most out of the cows now. Think 'optimum' not necessarily 'maximum' production. 2) keeping an eye on pasture quality for cow performance in future grazing rounds 3) making these decisions with profitability in mind.

So why are so many still feeding supplements when there is more than enough good quality pasture for the herd to be producing 2kg MS/cow/day (or more) on pasture alone? When you've got more pasture than you need right now and can't make silage if you wanted to, cutting out supplement (or at least reducing it drastically) is the obvious thing to do. You will not quite be at maximum production but will almost certainly be at optimum production. Optimum infers you are making management decisions to generate maximum profit for the season.

Upcoming Events:

There are 3 upcoming events to put in your calendar.

 31st December will see a Farm Dairy Effluent field day. This is at John Fransens farm on Manuel Rd, Tauhei. The Fransen's have built a new feed pad and effluent system which includes a 10m litre lined storage pond and a solids separator. There are several innovations so well worth a visit. I've asked Chris Glassey to do a short session on stand off pads as well. Start time 11am.

 For those thinking about effluent storage solutions on peat, I am organising a 3 hour bus trip to look at 4 or 5 farms that have started or completed effluent storage systems on peat. This will be a practical and interesting session. Meet 10:30am on 7th November at Gordonton Hall. Don't be late as bus leaves at 10:45!! No charge as bus and lunch is being sponsored.

 13th September sees a DairyNZ Heat Detection Workshop run in conjunction with CRV. Start time is 10:45 and includes lunch. On the farm of Colin & Karen Bird, Gordonton Rd, opposite Hukanui Golf Course.

As always, events can be seen at www.dairynz.co.nz

Phil Irvine Senior Consulting Officer, DairyNZ 0274839820



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Household and Garden Poisons

We have had a number of pets in the past few months being brought in for toxicity, or poisoning, from common household and garden things. So here is a small list of the commonest household and garden poisoning that we see at the clinic

From the Garden:



Compost

We all know how most dog's have stomachs made of steel, especially the faithful Labrador. It is not something that I would think of serving up for tea on a weekday night, but many dogs will just not say no to a good bit of tasty, smelly compost. However, It does contain a mycotoxin (fungal toxin) which if

ingested can affect the nervous system causing tremors, seizures, coma and if untreated, death,

This is a common poison that most people know to keep out of the reach of children and pets. Now is a good time to check that your stock of bait is securely stored away in a sealable container. Ingestion can be fatal.

Slug and Snail Bait



It is always worth mentioning as we have a number of dogs each year which come in with slug/snail bait poisoning. It affects the nervous system in a similar way to compost. It is definitely worthwhile not putting this down when you know pets area around. Also, more importantly, store it in a sealable container as dogs have been known to go into the shed and eat it straight from an open packet! Look for pet safe versions, eg, Quash.

Plants

There are many toxic plants in out garden. This is a brief list of some we have encountered. We have recently had a case of a puppy with Rhododendron poisoning after eating leaves. Cats are highly susceptible to lilies, Tiger Lilies being the most toxic, and can go into kidney failure if they lick, or even breathe in, only a small amount of the pollen. Walnuts are toxic to dogs and can also cause an intestinal blockage which involves surgery to remove the obstruction. The avocado plant, fruit (skin and flesh) and the stones are all toxic.

From the Household or Garage

Antifreeze / Ethylene glycol

Although it often coloured and smells awful, it actually is very sweet to taste. Dogs and cats are attracted to the taste and will lick up any spilt on the garage floor. This will lead to kidney failure even if caught early after ingestion.

Drugs



We all know to keep our drugs safely out of reach of our children, but our furry kids also will happily eat any pills that drop to the floor. If your pet is sick please do not medicate with your own medications. Paracetamol will cause liver failure in cats and Ibruprofen will cause kidney failure as well as liver failure in your dog. Please keep your medicines safely in a cupboard.

Food

Most of us have heard about chocolate being poisonous to your pets. But how about these common foods: Raisins and grapes are also toxic to your pet; and while most pets are fine, a small number of grapes and raisins can be fatal in some dogs. Onions and gartic (a member of the onion family) can cause a number of health issues including anaemia (loss of red blood cells). Tea tree oil essence is very concentrated and can cause skin irritation if used on your pet's coat.

Finally, we have had a case of a dog being poisoned by uncooked pizza dough which fermented in the stomach, producing alcohol which was then absorbed into the system leading to alcohol toxicity. We have seen it all!

We hope this has given some "food" for thought (excuse the pun!) on common poisons around the house and carden.

Please do not hesitate to contact us if you have any queries arising from this article, or if you have any pet health questions you need answering. Regards, The Team at Newstead Vets

Leptospirosis

Recently we attended a seminar where one of the topics was the updates on lepto status. They had the latest recommendations that we would like to share here with

Leptospirosis is caused by a bacterium that is excreted in the urine and uterine fluids. It can cause severe illness and death in calves, and infertility and abortion in adult cattle. Infected calves and cattle can shed leptospirosis for years, creating a significant human health risk to anyone in direct contact with them, especially farmers, contractors, veterinarians and meat workers.

Risk factors include autumn calving, high spring/summer rainfall/ surface water or flooding, contact with unvaccinated cattle, sheep, pigs and deer, off farm grazing and uncontrolled rodent populations.

Calves are vaccinated from 4-6 weeks of age before they have a chance to become infected. Our best practice recommendation is to vaccinate all calves 10 weeks after the planned start of calving. This assumes a 6 week calving spread. Vaccinate calves in batches if the calving spread is longer. This first vaccination is followed by a booster 4 weeks later.

Yearlings should be vaccinated at the same time as the herd to keep within the 12 month vaccination interval. Most farmers will be sending off to the runoff around April-May and in order to get the yearlings in line with the herd there has to be a booster vaccination around the time of leaving.

Breeding cows receive an annual vaccination to prevent the cows being a source of infection via urine to humans and other livestock and to protect the unborn/newborn calf. It will protect the newborn calf with maternal antibodies. In order to get the highest levels the cows should all be vaccinated before calving, preferably at drying off in autumn.

Bulls and other stock must also have an up to date vaccination programme.







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NEWS FROM YOUR WAIKATO DISTRICT COUNCILLOR

The **Eureka Community Plan Review** Committee is now fine tuning the results of the survey of residents. They may then hold another meeting to sign off the final draft. Council hopes to have the finished document ready to go out for further consultation by the four districts involved (Eureka, Matangi, Tauwhare, Newstead) around mid September.

Further to my comments in last month *Eureka Express* regarding *Hamilton City's fluoridation* referendum. We were negotiating to be part of their referendum but our CEO investigated this option and found we could not achieve our desired outcome.

We are therefore sending a survey to the 2,500 properties connected to WDC's Southern District water supply to gauge the residents' opinions on the fluoride issue. These views will go to HCC as part of their October 2013 referendum process. I will give you more information when the details are finalised. WDC has retained fluoride in the water supplies that we operate from water sources within the Waikato District.

The District's free library service is continuing, with Council negotiating agreements with Hamilton City, Walpa and Matamata-Piako District Councils to enable our residents to join a Hamilton City Library, or the Cambridge or Morrinsville library, free of charge. Any resident, and their family members, in the Walkato District can join a library in the other districts by producing ID e.g. drivers licence and proof of your address i.e. power or telephone account or the like.

This week I attended a *Waikato Regional Council Stakeholder Workshop* in my role as Chairman of the Central Waikato Liaison Sub Committee (Catchment). The main focus of the workshop was to design a Collaborative Stakeholder Group with a focus on developing recommendations for this group. We reviewed the Draft Terms of Reference, discussed the sectors and interest groups that should be represented on the group, the skills required and the number of seats allocated to each sector. This group, when set up, will develop a plan change to the Waikato Regional Plan to address the adverse effects of discharges in the Waipa and Waikato River Catchments - healthy rivers being the ultimate aim. Sue Edmonds from Eureka also attended the workshop.

Last month I mentioned the **Sale and Supply of Alcohol Act 2012** and how Council will deal with liquor licensing. Council is also reviewing its existing **gambling policies** and in July canvassed for views on the Local Alcohol Policy and the gambling policies. The policy, which covered the former Franklin District area and the original Walkato District (prior to amalgamation), will be reviewed and will result in one policy for a district wide approach. The policy covers gambling venues, whether poker machines should be allowed and where they should be located. **Formal consultation on the draft gambling policy will take place** in **September and early next year with the Draft Long Term Plan review**. It is important for us to get the views of our local communities so please **let us know your views**.

The District Council now has an **online data base** to assist community groups to source **funding options**. It will help you find information on how to apply for funding from government, local authorities, gaming trusts and other funders of community projects and events. You can use the **Fundview system** at Waikato District libraries or the main Ngaruwahia office. However if you need help contact Lianne Van Den Bemb, Council's Community Development Co-ordinator – call free number is 0800 492 452.

The northern part of the District continues to grow with residential sales increasing and rental housing, particularly in *Tuakau*, becoming very hard to find. The new developments at *Pokeno* are very popular, with demand for land and housing projected to increase as Auckland's population drifts south.

We have decided to change how we deliver civil defence services. We previously belonged to a larger regional civil defence group but have now entered into a shared service arrangement with the Regional Council and the Group Emergency Management Office. This will allow us to engage more with our community to deliver support in the event of a civil defence emergency.

We have therefore employed an in house *Emergency Management Coordinator Kelly Newell*. Kelly's first task will be to complete a stock take of the district's civil defence resources. She has already met with the Eureka District Plan Review Committee but would be happy to meet with other local groups. We will continue to work with other councils to coordinate on a wider basis.

Contact me at any time - more news next month Rob McGuire - Councillor Eureka Ward

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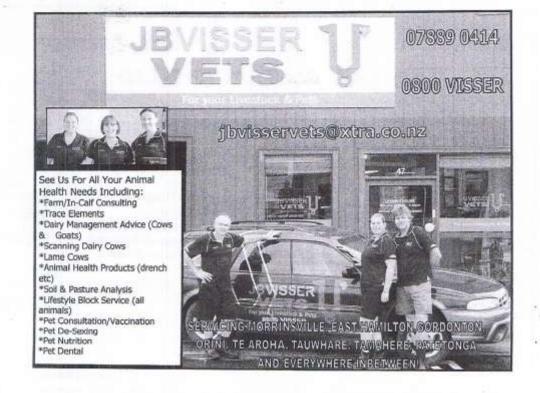
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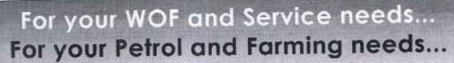
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